

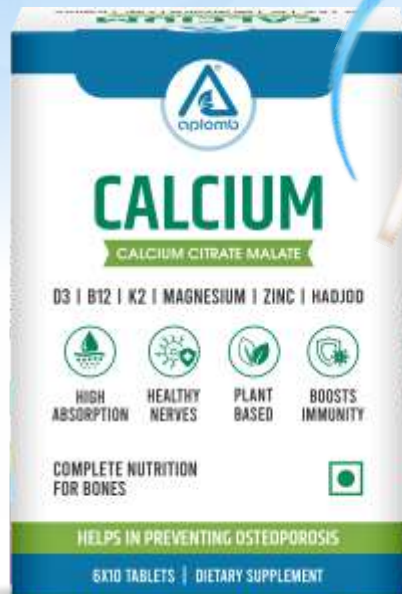


CALCIUM

CALCIUM CITRATE MALATE

D3 | B12 | K2 | MAGNESIUM | ZINC | HADJOD

Helps In **Supporting**
BONE HEALTH &
BONE MINERALIZATION



**HIGH
ABSORPTION**



**HEALTHY NERVE
FUNCTION**



**BOOSTS
IMMUNITY**



**PLANT
BASED**

Complete Nutrition for Bones...





What is **CALCIUM** & How Does It **IMPACT Our Body?**

Calcium is one of the most important minerals in the human body. It serves as the building block of bones and teeth, giving them strength, structure, and durability. About 99% of the body's calcium is stored in the bones, while the remaining 1% circulates in the blood to support vital body functions.

CALCIUM TYPES

- ✓ Calcium Carbonate
- ✓ Calcium Citrate
- ✓ Calcium Citrate Malate (CCM)
- ✓ Calcium Lactate / Gluconate
- ✓ Calcium Phosphate

ABSORPTION

Moderate
High
Very High
Moderate
Moderate

CALCIUM CITRATE MALATE

"The Most Bioavailable & Highly Absorbable Forms Of Calcium. It Combines Calcium With Citric Acid And Malic Acid- Which Makes It Easily Soluble & Gentle On The Stomach"

Calcium Deficiency Can Lead To Weak Bones, Muscle Cramps, Fatigue, And, Over Time, Osteoporosis - A Condition Where Bones Become Brittle And Prone To Fractures.



Why Aplomb CALCIUM ?

Each ingredient has been thoughtfully added to ensure maximum bone strength, better calcium utilization, and overall vitality.

Vitamin D3 (Cholecalciferol)

- Helps the body absorb calcium and phosphorus effectively.
- Ensures calcium from diet or supplements is deposited into bones, not soft tissues.
- Improves bone mineral density, bone health & bone mineralization.
- Also supports immunity and muscle strength.

Vitamin B12 (Cobalamin)

- Essential for red blood cell formation and nerve health.
- Contributes to normal energy metabolism
- Helps reduce fatigue, weakness, and nerve-related discomfort.

Vitamin K2 (Menaquinone)

- Directs calcium to bones and teeth, preventing its accumulation in arteries.
- Works along side Vitamin D3 to support normal calcium metabolism & bone health.
- Contributes to normal physiological process involving bone & vascular tissues.

An Innovative Formula To Keep
You Strong, Active & Confident
At Every Age.

**BOOST YOUR STRENGTH
NATURALLY!**

Magnesium (Mg)

- A key mineral for bone structure and muscle relaxation.
- Activates Vitamin D in the body, enhancing calcium absorption.
- Prevents cramps, fatigue, and bone loss due to magnesium deficiency.

Zinc (Zn)

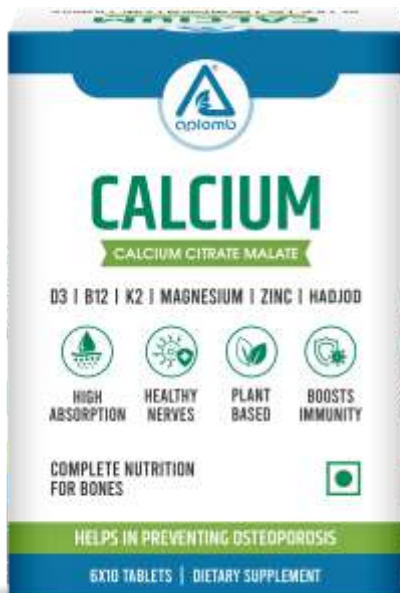
- Vital for bone tissue renewal and repair.
- Boosts immunity, metabolism, and collagen synthesis, helping bones stay strong and flexible.
- Supports hormonal balance and general vitality.

Hadjod (Cissus quadrangularis)

- Traditionally used in Ayurveda to support bone and musculoskeletal health.
- Research suggests potential supportive effects on bone healing.
- Supports overall musculoskeletal wellbeing.



***A True GEM
from Aplomb!***



**When Combined With Vital Nutrients Like
Vitamin D3, K2, B12, Magnesium, Zinc & Hadjod,
Calcium Absorption And Utilization Are Significantly Enhanced.
Such Advanced Formulations Not Only Maintain Bone Health
& healthy Bones Mineralization But Also Promote Active, Flexible
& Healthy Living At Every Age.**

Key Benefits



**Builds Strong
Bones & Teeth**



**Supports
Healthy Bones**



**Enhances Calcium
Absorption & Retention**



**Supports Healthy
Nerves & Muscles**



**Promotes Faster
Bone Healing**



**Plant-based
& Gentle On Digestion**

APLOMB HEALTH CARE LIMITED

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