

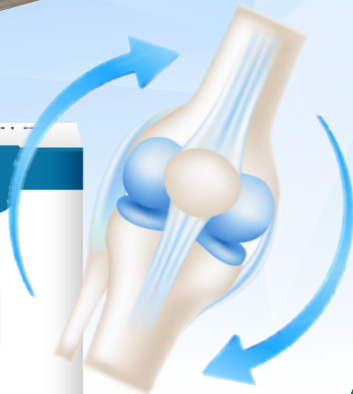


CALCIUM

CALCIUM CITRATE MALATE

D3 | B12 | K2 | MAGNESIUM | ZINC | HADJOD

HELPS IN **PREVENTING**
OSTEOPOROSIS



**HIGH
ABSORPTION**



**HEALTHY
NERVES**



**BOOSTS
IMMUNITY**



**PLANT
BASED**

Complete Nutrition for Bones...





What is **CALCIUM** & How Does It **IMPACT Our Body?**

Calcium is one of the most important minerals in the human body. It serves as the building block of bones and teeth, giving them strength, structure, and durability. About 99% of the body's calcium is stored in the bones, while the remaining 1% circulates in the blood to support vital body functions.



CALCIUM TYPES

- ✓ Calcium Carbonate
- ✓ Calcium Citrate
- ✓ Calcium Citrate Malate (CCM)
- ✓ Calcium Lactate / Gluconate
- ✓ Calcium Phosphate

ABSORPTION

Moderate
High
Very High
Moderate
Moderate

CALCIUM CITRATE MALATE

"The Most Bioavailable & Highly Absorbable Forms Of Calcium. It Combines Calcium With Citric Acid And Malic Acid- Which Makes It Easily Soluble & Gentle On The Stomach"

Calcium Deficiency Can Lead To Weak Bones, Muscle Cramps, Fatigue, And, Over Time, Osteoporosis - A Condition Where Bones Become Brittle And Prone To Fractures.

Why Aplomb CALCIUM?

Each ingredient has been thoughtfully added to ensure maximum bone strength, better calcium utilization, and overall vitality.

Vitamin D3 (Cholecalciferol)

- Helps the body absorb calcium and phosphorus effectively.
- Ensures calcium from diet or supplements is deposited into bones, not soft tissues.
- Improves bone mineral density and prevents osteoporosis & fractures.
- Also supports immunity and muscle strength.

Vitamin B12 (Cobalamin)

- Essential for red blood cell formation and nerve health.
- Plays a crucial role in bone cell metabolism, making bones less fragile.
- Helps reduce fatigue, weakness, and nerve-related discomfort.

Vitamin K2 (Menaquinone)

- Directs calcium to bones and teeth, preventing its accumulation in arteries.
- Works in perfect sync with Vitamin D3 to strengthen bone matrix.
- Reduces risk of arterial calcification and promotes heart health.

An Innovative Formula To Keep
You Strong, Active & Confident
At Every Age.

**BOOST YOUR STRENGTH
NATURALLY!**

Magnesium (Mg)

- A key mineral for bone structure and muscle relaxation.
- Activates Vitamin D in the body, enhancing calcium absorption.
- Prevents cramps, fatigue, and bone loss due to magnesium deficiency.

Zinc (Zn)

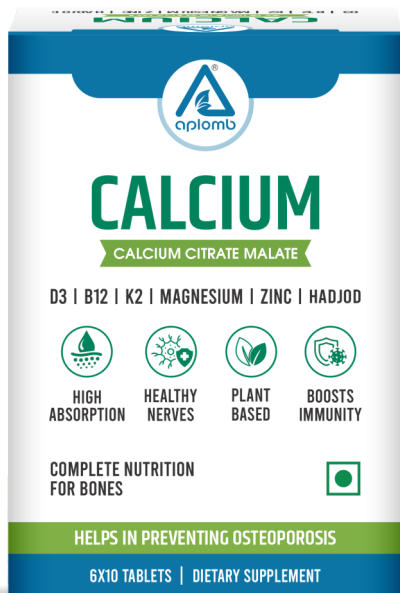
- Vital for bone tissue renewal and repair.
- Boosts immunity, metabolism, and collagen synthesis, helping bones stay strong and flexible.
- Supports hormonal balance and general vitality.

Hadjod (Cissus quadrangularis)

- A powerful Ayurvedic herb known as "Bone Setter."
- Accelerates bone healing and regeneration in fractures or injuries.
- Enhances bone mineralization and helps maintain joint flexibility.
- Traditionally used to prevent osteoporosis and support musculoskeletal health.



***A True GEM
from Aplomb!***



**When Combined With Vital Nutrients Like
Vitamin D3, K2, B12, Magnesium, Zinc, And Hadjod,
Calcium Absorption And Utilization Are Significantly Enhanced.
Such Advanced Formulations Not Only Prevent Osteoporosis
But Also Promote Active, Flexible, & Healthy Living At Every Age.**

Key Benefits



**Builds Strong
Bones & Teeth**



**Helps Prevents
Osteoporosis**



**Enhances Calcium
Absorption & Retention**



**Supports Healthy
Nerves & Muscles**



**Promotes Faster
Bone Healing**



**Plant-based
& Gentle On Digestion**

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